

**APPLICATION FOR LOUISIANA HIGH SCHOOL  
POWERLIFTING RECORD**

**DATE OF APPLICATION:** \_\_\_\_\_

**COMPETITION (REGIONAL, STATE):** \_\_\_\_\_

**LIFTERS NAME:** \_\_\_\_\_

**WEIGHT CLASS:** \_\_\_\_\_

**SCHOOL:** \_\_\_\_\_

**LIFT ATTEMPTED: (SQUAT, BENCH, DEADLIFT, TOTAL)** \_\_\_\_\_

**WEIGHT LIFTED:** \_\_\_\_\_

**THIS LIFT WAS PERFORMED SATISFACTORILY AT AN LHSPLA REGIONAL OR STATE COMPETITION WITH THREE (3) LHSLPA RECOGNIZED JUDGES IN THE CHAIRS. WE, THE UNDERSIGNED, VERIFY THAT THIS APPLICATION HAS MET THE CRITERIA FOR BEING CONSIDERED A NEW LOUISIANA HIGH SCHOOL POWERLIFTING ASSOCIATION RECORD AS WITNESSES BY OUR SIGNATURE.**

**CERTIFICATION**

**CHIEF JUDGE** \_\_\_\_\_ - \_\_\_\_\_

**SIDE JUDGE** \_\_\_\_\_ - \_\_\_\_\_

**SIDE JUDGE** \_\_\_\_\_ - \_\_\_\_\_

**MEET DIRECTOR** \_\_\_\_\_ - \_\_\_\_\_

**ATHLETE** \_\_\_\_\_ - \_\_\_\_\_

**LHSPLA RECOGNIZED OFFICIALS:**

**IPF CATEGORY I**

**IPF CATEGORY II**

**USAPL NATIONAL REFEREE**

**USAPL STATE REFEREE**

**LHSPLA STATE**

**PLEASE RETURN THIS DOCUMENT TO A MEMBER OF THE LHSPLA EXECUTIVE COMMITTEE.**