

2010 LHSPLA NORTH REGIONAL GIRLS RESULTS

\$ - DENOTES PLACE QUALIFIER
- DENOTES 5A QUALIFTER
- DENOTES 4A QUALIFIER
- DENOTES 3A QUALIFIER
- DENOTES 2A QUALIFIER
- DENOTES 1A AND BELOW QUALIFIER

QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Fallon C.	ASH	4A	97	190	90	280	240	520
\$	Lindsey H.	NCHS	5A	97	115	70	185	200	385
\$	Kasey D.	WMHS	5A	97	115	65	180	165	345
#	Valerie V.	BOLT	3A	97	115	65	180	160	340
#	Alana S.	DCHS	1A	97	105	70	175	95	270
#	Brooke A.	DCHS	1A	97	120	0	120	0	120
	Heather D.	JENA	3A	97	95	0	95	0	95
	Stormie K.	JENA	3A	97	0	0	0	0	0
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Lacey G.	BUCK	3A	105	190	100	290	265	555
\$	Martha D.	NCHS	5A	105	195	110	305	235	540
\$	Morgan A.	WMHS	5A	105	205	105	310	225	535
#	Brittany M.	ASH	4A	105	175	70	245	205	450
#	Tarnesha F.	DELHI	1A	105	100	70	170	205	375
	Alexxa M.	ASH	4A	105	115	0	115	0	115
	Shania M.	DCHS	1A	105	0	0	0	0	0
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Lakendra R.	NCHS	5A	114	215	110	325	250	575
\$	Kayla J.	WMHS	5A	114	200	90	290	235	525
\$	Ashley H.	FARM	2A	114	205	70	275	225	500
#	Jessica A.	BUCK	3A	114	170	85	255	205	460
#	Aaliyah B.	PINE	5A	114	175	70	245	200	445
#	Amillia H.	PINE	5A	114	155	75	230	205	435
#	Jackie M.	TIO	4A	114	135	80	215	200	415
#	Kristen S.	DCHS	1A	114	90	70	160	165	325
	Beyonka K.	ASH	4A	114	0	0	0	0	0

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QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Tonika M.	NCHS	5A	123	180	105	285	275	560
\$	Brooke M.	WMHS	5A	123	220	115	335	200	535
\$	Selena W.	NCHS	5A	123	195	100	295	240	535
#	Passion B.	FARM	2A	123	150	65	215	250	465
#	Katie G.	FARM	2A	123	165	80	245	220	465
#	Jessica W.	PINE	5A	123	135	65	200	200	400
#	Rebecca W.	TIO	4A	123	150	75	225	150	375
	Cassie M.	JENA	3A	123	135	0	135	0	135
	Mary B.	DCHS	1A	123	0	0	0	0	0
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Katariana P.	NCHS	5A	132	265	120	385	300	685
\$	Kar'leica T.	WMHS	5A	132	230	125	355	310	665
\$	Autumn H.	FARM	2A	132	185	85	270	260	530
#	Ashlie M.	DELHI	1A	132	215	70	285	240	525
#	LaDericka C.	DELHI	1A	132	150	70	220	255	475
#	Bianca D.	PINE	5A	132	115	75	190	185	375
#	Queen B.	FPHS	4A	132	95	65	160	195	355
#	Lindzy C.	TIO	4A	132	100	60	160	120	280
	Brittany M.	BUCK	3A	132	0	0	0	0	0
	Britanny M.	ASH	4A	132	0	0	0	0	0

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QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Jade C.	WMHS	5A	148	270	135	405	315	720
\$	Krista H.	FARM	2A	148	235	130	365	290	655
\$	Hilery W.	NCHS	5A	148	205	110	315	280	595
#	Santana H.	BUCK	3A	148	210	110	320	270	590
#	Samantha B.	BUCK	3A	148	190	115	305	220	525
#	Daliane C.	DELHI	1A	148	135	70	205	240	445
#	Kiah J.	TIO	4A	148	150	85	235	205	440
#	Stephanie J.	TIO	4A	148	140	65	205	185	390
	Cheri B.	ASH	4A	148	100	0	100	0	100
	ANONYMOUS	DCHS	1A	148	0	0	0	0	0
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Mary H.	NCHS	5A	165	300	140	440	390	830
\$	Kane B.	FARM	2A	165	250	100	350	330	680
\$	Chelsey T.	BUCK	3A	165	255	95	350	280	630
#	Meyhana P.	FARM	2A	165	215	90	305	290	595
#	Marquiata J.	TIO	4A	165	205	95	300	235	535
#	Ceason J.	PINE	5A	165	185	130	315	220	535
#	Shelley B.	TIO	4A	165	200	85	285	230	515
#	Carrie P.	PINE	5A	165	185	100	285	230	515
#	Allison K.	DCHS	1A	165	150	80	230	195	425
	ANONYMOUS	DCHS	1A	165	150	0	150	0	150

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QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Kelli P.	FARM	2A	181	280	110	390	315	705
\$	Ariel W.	NCHS	5A	181	245	120	365	290	655
\$	Kelsey L.	BUCK	3A	181	225	95	320	305	625
#	Annie O.	FARM	2A	181	275	90	365	235	600
#	April W.	WMHS	5A	181	225	110	335	245	580
#	Cara D.	TIO	4A	181	220	105	325	250	575
#	Laura P.	BUCK	3A	181	200	110	310	240	550
#	Anna W.	FPHS	4A	181	200	100	300	240	540
#	Crystal C.	PEAB	4A	181	200	90	290	245	535
	Samantha J.	TIO	4A	181	180	100	280	245	525
#	Paige P.	PINE	5A	181	200	85	285	205	490
#	Septembria M.	RING	1A	181	185	80	265	205	470
#	Sage A.	DCHS	1A	181	135	70	205	195	400
#	Leslie G.	PINE	5A	181	135	80	215	185	400
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Yanisha J.	WMHS	5A	198	300	125	425	340	765
\$	Raisa H.	ASH	4A	198	290	130	420	315	735
\$	Holly H.	BUCK	3A	198	260	135	395	300	695
#	Siana S.	WMHS	5A	198	255	120	375	265	640
#	Jasmine L.	FARM	2A	198	235	110	345	245	590
#	Brittney W.	NCHS	5A	198	235	130	365	215	580
#	Shawna B.	BUCK	3A	198	180	105	285	250	535
#	Amber W.	TIO	4A	198	150	105	255	265	520
#	Danielle S.	TIO	4A	198	170	105	275	205	480
#	Amiya H.	DELHI	1A	198	100	75	175	205	380
	Brittinaye T.	ASH	4A	198	0	0	0	0	0

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QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Kendra T.	PEAB	4A	220	315	150	465	400	865
\$	Jacie C.	WMHS	5A	220	340	155	495	325	820
\$	A'Issa F.	NCHS	5A	220	320	145	465	310	775
#	Heather C.	WMHS	5A	220	275	135	410	275	685
#	Jasmine G.	PINE	5A	220	180	80	260	260	520
#	Cherise S.	PINE	5A	220	105	60	165	180	345
QUAL	NAME	SCHOOL	CLASS	WT. CLASS	SQUAT	BENCH	SUB-TOTAL	DEAD	TOTAL
\$	Kayla J.	FARM	2A	SHW	300	150	450	255	705
\$	Brooke M.	BOLT	3A	SHW	215	135	350	280	630
\$	Kar'leica T.	BUCK	3A	SHW	220	125	345	255	600
#	Jade C.	PINE	5A	SHW	200	105	305	260	565
#	April W.	ASH	4A	SHW	160	100	260	200	460
	Yanisha J.	DELHI	1A	SHW	0	0	0	0	0
	Siana S.	ASH	4A	SHW	0	0	0	0	0