

**LHSPLA DIVISION I STATE MEET – MARCH 29<sup>TH</sup>/30<sup>TH</sup>/31<sup>ST</sup>, 2012**

**ALEXANDRIA SENIOR HIGH SCHOOL**

**5-A BOYS/GIRLS MEET – MARCH 29<sup>TH</sup>/30<sup>TH</sup>, 2012**

**THURSDAY, MARCH 29<sup>TH</sup>, 2012 –**

**EARLY WEIGH-IN: THURSDAY, MARCH 29<sup>TH</sup>, 2012 – 6:00 – 8:00 P.M.**  
**5-A BOYS/GIRLS – ALEXANDRIA SENIOR HIGH GYM**

**REGULAR WEIGH-IN FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 2:30 – 4:00 P.M.**  
**5-A BOYS/GIRLS – ALEXANDRIA SENIOR HIGH GYM**

**COACHES/BUSINESS: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 4:00 – 4:45 P.M.**  
**5-A STATE MEET HOSPITALITY ROOM**

**OFFICIAL'S MEETING: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 4:00 – 4:30 P.M.**  
**5-A STATE MEET TBA**

**WARM-UP – 1<sup>ST</sup> FLIGHT: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 4:30 – 4:45 P.M.**

**1<sup>ST</sup> FLIGHT LIFTERS: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 4:45 P.M.**  
**REPORT TO PLATFORMS**  
**FOR RULES BRIEFING**

**LIFTING STARTS: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 5:00 P.M.**

**LHSPLA DIVISION I STATE MEET**

**FRIDAY AND SATURDAY, MARCH 30TH/31ST, 2012**

**ALEXANDRIA SENIOR HIGH SCHOOL**

**3-A/4-A BOYS/GIRLS MEET – MARCH 30TH/31<sup>ST</sup>, 2012**

**FRIDAY, MARCH 30<sup>TH</sup>, 2012**

**EARLY WEIGH-IN: FRIDAY, MARCH 30<sup>TH</sup>, 2012 – 6:00 – 8:00 P.M.**

**3-A/4-A BOYS/GIRLS – ALEXANDRIA SENIOR HIGH GYM**

**REGULAR WEIGH-IN SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 6:30 – 8:00 A.M.**

**3-A/4-A BOYS/GIRLS – ALEXANDRIA SENIOR HIGH GYM**

**COACHES/BUSINESS: SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 8:00 – 8:45 A.M.**  
**3-A/4-A STATE MEET HOSPITALITY ROOM**

**OFFICIAL'S MEETING: SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 8:00 – 8:30 A.M.**  
**3-A/4-A STATE MEET TBA**

**WARM-UP – 1<sup>ST</sup> FLIGHT: SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 8:30 – 8:45 A.M.**

**1<sup>ST</sup> FLIGHT LIFTERS: SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 8:45 A.M.**  
**REPORT TO PLATFORMS**  
**FOR RULES BRIEFING**

**LIFTING STARTS: SATURDAY, MARCH 31<sup>ST</sup>, 2012 – 9:00 A.M.**