

EAST REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

REVISED: 2/10/10

97 LB. CLASS	SQUAT	210	JENA REPP	2004	BRUSLY
			JILLIAM BATES	2010	RUNNELS
	BENCH	125	JILLIAM BATES	2010	RUNNELS
	DEAD	270	JENNIFER PREJEAN	2002	BRUSLY
	TOTAL	565	JENNIFER PREJEAN	2002	BRUSLY
105 LB. CLASS	SQUAT	260	PAIGE CLOUATRE	1994	ST. AMANT
	BENCH	125	CHELSEA RICHARD	2004	WOODLAWN
	DEAD	270	CHELSEA RICHARD	2004	WOODLAWN
	TOTAL	615	CHELSEA RICHARD	2004	WOODLAWN
114 LB. CLASS	SQUAT	290	PAIGE CLOUATRE	1995	ST. AMANT
	BENCH	130	BETH COUVILLION	2000	ST. AMANT
	DEAD	295	BRANDY WAGUESPACK	2003	EAST ASCENSION
	TOTAL	685	PAIGE CLOUATRE	1995	ST. AMANT
123 LB. CLASS	SQUAT	280	HELON NAVARRO	2002	ZACHARY
	BENCH	135	JOHNNA WOMACK	1995	ZACHARY
			SHANNON CULLEN	2001	ST. AMANT
	DEAD	320	STACI DENCAUSSE	2000	ST. AMANT
	TOTAL	700	STACI DENCAUSSE	2000	ST. AMANT
132 LB. CLASS	SQUAT	285	MARIE DELAUGHTER	1994	ST. AMANT
			TARA ST. ROMAIN	1998	CATHOLIC OF P.C.
	BENCH	145	SHANNON CULLEN	2000	ST. AMANT
	DEAD	305	TARA ST. ROMAIN	1998	CATHOLIC OF P.C.
	TOTAL	720	TARA ST. ROMAIN	1998	CATHOLIC OF P.C.
148 LB. CLASS	SQUAT	320	FELISHA JONES	1994	LEE HIGH
			TONI MILES	1999	ST. AMANT
	BENCH	140	SAVANNAH PEEBLES	2007	FALSE RIVER ACAD.
	DEAD	340	STACI DENCAUSSE	2001	ST. AMANT
	TOTAL	765	TONI MILES	2000	ST. AMANT
165 LB. CLASS	SQUAT	320	BRYNN LAMBERT	2004	EAST ASCENSION
	BENCH	150	MARANDA POURCIAU	1998	FALSE RIVER ACAD.
	DEAD	345	KENISHA WILLIAMS	1995	ST. AMANT
	TOTAL	795	KENISHA WILLIAMS	1995	ST. AMANT
181 LB. CLASS	SQUAT	300	STACY BLAND	1998	ST. AMANT
	BENCH	160	ASHLEY PORCHE	2003	BISHOP SULLIVAN
			KATELYN HINES	2009	AVOYELLES
	DEAD	310	DANAYE JULIEN	2007	ASCENSION CATH.
	TOTAL	755	ASHLEY PORCHE	2003	BISHOP SULLIVAN
198 LB. CLASS	SQUAT	415	SAMANTHA ROBILLARD	2009	BRUSLY
	BENCH	210	SAMANTHA ROBILLARD	2008	BRUSLY
	DEAD	350	SAMANTHA ROBILLARD	2008	BRUSLY
	TOTAL	965	SAMANTHA ROBILLARD	2008	BRUSLY
220 LB. CLASS	SQUAT	345	EMILY MORENO	2009	CENTRAL
	BENCH	150	CORNEAKA JACKSON	2003	ZACHARY
	DEAD	350	CORNEAKA JACKSON	2003	ZACHARY
	TOTAL	835	CORNEAKA JACKSON	2003	ZACHARY
SUPERHEAVYWEIGHT	SQUAT	415	KIA SMITH	1999	ZACHARY
	BENCH	240	KIA SMITH	1999	ZACHARY
	DEAD	375	CRYSTAL HARRISON	1995	ZACHARY
	TOTAL	930	CRYSTAL HARRISON	1995	ZACHARY
		KIA SMITH	1999	ZACHARY	