

SOUTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

REVISED: 2/10/10

97 LB. CLASS	SQUAT	225	KELLY NAQUIN	2009	ELLENDER
			LISA LUC	2000	SLIDELL
	BENCH	95	KELLY NAQUIN	2010	ELLENDER
			ERIN JOHNSTON	2010	NORTHSHORE
			KIMBRLE NUCCIO	2003	PJP II
	DEAD	250	KELLY NAQUIN	2010	ELLENDER
	TOTAL	570	KELLY NAQUIN	2010	ELLENDER
105 LB. CLASS	SQUAT	255	JORDAN PEREZ	2010	NORTHSHORE
	BENCH	135	LISA LUC	2002	SLIDELL
	DEAD	275	MORGAN BLEAKLEY	2010	LUTCHER
	TOTAL	590	LISA LUC	2002	SLIDELL
114. LB. CLASS	SQUAT	285	ELISE BREAUX	2009	PJP II
	BENCH	120	HAYLEE JACOB	2008	NORTHSHORE
	DEAD	280	AMBER SWISSHELM	2000	SLIDELL
	TOTAL	645	AMBER SWISSHELM	2000	SLIDELL
123 LB. CLASS	SQUAT	300	MARGARET TRICHE	2010	ELLENDER
	BENCH	130	AMBREA LEE	2007	LUTCHER
	BENCH	130	NICOLE LINDSAY	2004	NORTHLAKE CHRISTIAN
	DEAD	300	AMBREA LEE	2007	LUTCHER
	TOTAL	725`	AMBREA LEE	2007	LUTCHER
132 LB. CLASS	SQUAT	260	TORI MABILE	2008	LUTCHER
	BENCH	155	TORI MABILE	2009	LUTCHER
	DEAD	300	ANGELA NARCISSE	2000	SLIDELL
	TOTAL	680	ANGELA NARCISSE	2000	SLIDELL
148 LB. CLASS	SQUAT	340	LENA WATSON	2007	ELLENDER
	BENCH	195	LENA WATSON	2007	ELLENDER
	DEAD	350	ASHLEY SANDERS	2001	SLIDELL
	TOTAL	870	LENA WATSON	2007	ELLENDER
165 LB. CLASS	SQUAT	330	ASHLEY SANDERS	2002	SLIDELL
	BENCH	175	ELENA RUDIGER	2010	NORTHSHORE
	DEAD	340	MEGAN BRATHBERRY	2010	PJP II
	TOTAL	785	MEGAN BRATHBERRY	2010	PJP II
			ASHLEY SANDERS	2002	SLIDELL
181 LB. CLASS	SQUAT	310	MEREDITH ENXING	2001	SLIDELL
	BENCH	165	MEGHAN COLLINS	2009	PJP II
	DEAD	335	MEGHAN COLLINS	2009	PJP II
	TOTAL	795	MEGHAN COLLINS	2009	PJP II
198 LB. CLASS	SQUAT	315	MINDY GUIDRY	2003	COVINGTON
	BENCH	170	MINDY GUIDRY	2003	COVINGTON
	DEAD	370	MINDY GUIDRY	2003	COVINGTON
	TOTAL	855	MINDY GUIDRY	2003	COVINGTON
220 LB. CLASS	SQUAT	340	AIMEE LOUQUE	2010	LUTCHER
	BENCH	165	MONIQUE HYMEL	2007	LUTCHER
	DEAD	325	AIMEE LOUQUE	2010	LUTCHER
			CHINA STORKS	2010	LUTCHER
	TOTAL	805	AIMEE LOUQUE	2010	LUTCHER
SHW CLASS	SQUAT	465	RICKEYMA ROSS	2010	LUTCHER
	BENCH	195	RICKEYMA ROSS	2010	LUTCHER
			ASHTON CHATELAIN	2010	DESTREHAN
	DEAD	435	RICKEYMA ROSS	2010	LUTCHER
	TOTAL	1095	RICKEYMA ROSS	2010	LUTCHER