

LHSPLA GIRLS STATE RECORDS

REVISED: FEBRUARY 10, 2010

97 LB. CLASS	SQUAT	270	STEFANIE McMILLIAN	1998	ALEXANDRIA
	BENCH	125	JILLIAN BATES	2010	RUNNELS
	DEAD	300	STEFANIE McMILLIAN	1998	ALEXANDRIA
	DEAD	300	JENNIFER PREJEAN	2002	BRUSLY
	TOTAL	660	STEFANIE McMILLIAN	1998	ALEXANDRIA
105 LB. CLASS	SQUAT	275	PAIGE CLOUATRE	1994	ST. AMANT
	BENCH	135	LISA LUC	2002	SLIDELL
	DEAD	305	MAIYA STANLEY	2008	RICHWOOD
	TOTAL	645	CHELSEA RICHARD	2004	WOODLAWN
114 LB. CLASS	SQUAT	295	KRISTI RILEY	2006	ALEXANDRIA
	BENCH	140	KRISTI RILEY	2006	ALEXANDRIA
	DEAD	325	OLIVIA SMITH	1996	ALEXANDRIA
	TOTAL	740	KRISTI RILEY	2006	ALEXANDRIA
123 LB. CLASS	SQUAT	330	JENNIFER KIRK	1994	ALEXANDRIA
	BENCH	150	TORI MABILE	2007	LUTCHER
	DEAD	370	JENNIFER KIRK	1994	ALEXANDRIA
	TOTAL	830	JENNIFER KIRK	1994	ALEXANDRIA
132 LB. CLASS	SQUAT	350	ANGELLE MATT	2004	MENARD
	BENCH	185	ANGELLE MATT	2004	MENARD
	DEAD	380	ANGELLE MATT	2004	MENARD
	TOTAL	895	ANGELLE MATT	2004	MENARD
148 LB. CLASS	SQUAT	380	LENA WATSON	2007	ELLENDER
	BENCH	195	LENA WATSON	2007	ELLENDER
	DEAD	385	KIMMY BARBERA	1997	ALEXANDRIA
	TOTAL	945	LENA WATSON	2007	ELLENDER
165 LB. CLASS	SQUAT	380	JAMONTENAE TERRY	2008	ALEXANDRIA
	BENCH	175	ELENA RUDIGER	2010	NORTHSHORE
	DEAD	390	NICOLE RACHEL	2007	NATCHITOCHEES CENTRAL
	TOTAL	880	JAMONTENAE TERRY	2008	ALEXANDRIA
181 LB. CLASS	SQUAT	375	ANNIE SIMMONS	1997	BOLTON
	BENCH	195	KACIE BRIGNAC	2009	LUTCHER
	DEAD	420	DIONYSIA GLASPER	2009	ALEXANDRIA
	TOTAL	920	TRACI TILL	2004	ALEXANDRIA
198 LB. CLASS	SQUAT	435	SAMANTHA ROBILLARD	2009	BRUSLY
	BENCH	215	SAMANTHA ROBILLARD	2008	BRUSLY
	DEAD	385	CATESSA BRANCH	2003	BLOCK
	TOTAL	970	SAMANTHA ROBILLARD	2008	BRUSLY
220 LB. CLASS	SQUAT	415	AMANDA SIMMONS	1998	BOLTON
	BENCH	175	DANIELLE WRINKLE	2003	WEST MONROE
	DEAD	415	AMANDA SIMMONS	1998	BOLTON
	TOTAL	1000	AMANDA SIMMONS	1998	BOLTON
SUPERHEAVYWEIGHT	SQUAT	465	RICKEYMA ROSS	2010	LUTCHER
	BENCH	260	TAKEIMA DIALS	2001	ALEXANDRIA
	DEAD	435	RICKEYMA ROSS	2010	LUTCHER
	TOTAL	1095	RICKEYMA ROSS	2010	LUTCHER