

# LHSPLA OFFICIAL ENTRY FORM - GIRLS

COACHES NAME: \_\_\_\_\_

HIGH SCHOOL: \_\_\_\_\_ CLASSIFICATION: \_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE # - SCHOOL \_\_\_\_\_ HOME: \_\_\_\_\_

WEIGHT CLASS	LIFTER'S NAME	FIRST ATTEMPT			RACK HEIGHT IN INCHES FROM FLOOR
		SQUAT	BENCH	DEAD	
97 LB.					
105 LB.					
114 LB.					
123 LB.					
132 LB.					
148 LB.					
165 LB.					
181 LB.					
198 LB.					
220 LB.					
SHW					

